

## CSAP

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CSAP is a working partnership between school and community to help students cope with drug, alcohol, depression and suicide issues that serve as obstacles to academic success.

The Norristown Area High School (NAHS) Comprehensive Student Assistance Program (CSAP) represents a cooperative and comprehensive approach to early intervention in problem situations affecting youth in their schools, communities, and families.

The CSAP Program:

- Identifies students whose problems are disruptive to their educational performance.
- Motivates the troubled student and family to seek help, concurrent with disciplinary action, if necessary.
- Refers the student to the appropriate resource to assess the nature and severity of the problems.

The CSAP Team:

- Provides support for students to reduce destructive behaviors and make healthy life-style choices to experience better academic success.
- Conducts in-service for faculty, staff, parents and the community regarding the Student Assistance Program Model.
- Is not a police or disciplinary service.
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Adolescents At-Risk: Common Symptoms

Shortened attention span; Prolonged daydreaming; Major drop in grades; Increasing withdrawal; Antisocial behavior; Absenteeism; Sleep disturbances; Low self-esteem and self-criticism; Wide mood swings; Sudden change in friends; Agitated, confused, or disoriented behavior; Lack of energy; Extremely defensive; Feelings of helplessness; Feelings of hopelessness; Prolonged boredom; Excessive anger; Despondency; Deteriorating personal appearance; Loss of motor control; Drowsiness; Slurred speech; Bloodshot or glassy eyes